

ATHLETICS AND EXTRA-CURRICULAR ACTIVITIES:

The athletic and extra-curricular programs at High Mount School are designed to provide the students with a disciplined and competitive environment that allows for the acquisitions of skills and the furtherance of the educational process. These activities are considered part of the school program. Eligibility for these activities may be terminated as a result of poor academic performance or misconduct. The administration and coaches/sponsors will make the final determination on eligibility. Please understand that these programs are competitive and inclusion is based upon performance, skill, and attitude.

The following is a list of requirements that all participants must adhere to:

1. All students participating in a physical activity (sports/cheerleading) are required to have evidence of a current physical examination on file in the school office prior to tryouts. Physicals are the responsibility of the students and parents as are the fees associated with them. Forms are available in the school office.
2. All students participating in physical activities (sports/cheerleading) will also be required to purchase school insurance prior to participating unless the parent provides a waiver stating that the participant is covered by other health insurance.
3. No student may participate in more than one physical activity at the same time. Exceptions may be made on a case- by- case basis.
4. The Board of Education requires that all students who participate in school activities must have their registration materials completed and book fees paid or waived.
5. Students must be academically eligible with a 3.0 GPA or greater at the time of tryouts for sports or at the beginning of an extracurricular activity. Any student that receives an "F" for the quarter in any class will automatically be ineligible for the duration of that sport or activity.

Eligibility for tryouts is based on the following criteria:

*Fall sports (Soccer, baseball, and softball)-All students are eligible to tryout

*Winter sports (Boy's basketball, cheerleading, girl's volleyball)-Eligibility is based on mid- first quarter grades.

*Spring sports (Girl's basketball)-Eligibility is based on mid-second quarter grades.

*Track-Eligibility is based on mid-third quarter grades.

*Extracurricular activities/other sports-Students must have and maintain a 3.0 GPA or better to participate.

All participants are expected to attend all practices, meetings, or games. Ineligible participants may not dress out for games or participate in practices or meetings.

Tardies: 2 Tardies=1 unexcused absence 3 Tardies=1 game suspension 4 Tardies=Termination

Unexcused absences: 1st offense=Warning 2nd offense=1 game suspension
3rd offense=Termination

Student behavior guidelines:

1. Students who receive 5 or more conduct referral points in a semester are ineligible to participate in any activities.
2. Students who have been suspended from school may not participate in any activity for the duration of the suspension.
3. Following a serious disciplinary issue, continuation on a team or in an activity will be determined by the administration and coach/sponsor.

Parents, spectators, and students must also adhere to the following guidelines. Failure to conform to these guidelines will result in disciplinary action, which may include removal from a sport/activity and/or banishment from school-related activities.

1. Treat all people with respect.
2. Take proper care of all equipment and facilities.

3. Avoid socially unacceptable language and actions.
4. Dress appropriately in accordance with the dress code while participating in or viewing activities.
5. Students shall avoid the use of tobacco, alcohol, or non-prescription drugs at all times.
6. The use of alcohol, tobacco, and non-prescription drugs is forbidden at school- sponsored activities.
7. Participants must be picked up within 15 minutes following a game, practice, or meeting.
8. Parents are encouraged to contact a coach/sponsor at school the following day with questions or concerns. It is highly discouraged to attempt to speak with a coach with concerns immediately after a game or event.